

MENTAL HEALTH SERVICES
FOR THE HISPANIC COMMUNITY
SERVICIOS DE SALUD MENTAL PARA LA COMUNIDAD

602 618 4889

vidayfamiliaconsultoria@gmail.com

CONSULTORIA VIDA Y FAMILIA

Voces Unidas por la Vida

FAMILY & LIFE CONSULTING

CONSULTANTS



PSYCHOLOGISTS

Develop, apply and coordinate courses, conferences on personal, marriage and family issues.



MASTER'S DEGREES IN FAMILY SCIENCES

Provide formation to institutions in issues of development of family mental health services and resources.



ST. JOHN PAUL II INSTITUTE AND UNIVERSIDAD ANAHUAC

Provide guidance to families on issues of bioethics and family care from a personal perspective.



CATHOLIC IDENTITY

Solid moral values, commitment and professional responsibility.

CONSULTORIA
VIDA Y FAMILIA

FAMILY & LIFE
CONSULTING

We provide the emotional accompaniment to help individuals and families to focus on their emotional growth and their own spirituality as a path for a healing process.

We incorporate the richness of our Christian spirituality, the emotional accompaniment and our extensive experience to help people find additional support services and resources in their community.



MENTAL HEALTH ISSUES

DEPRESSION

ANXIETY

ANGER MANAGEMENT

GRIEF

COMMUNICATION

CHILDHOOD DEVELOPMENT
EDUCATION AND DISCIPLINE

MARRIAGE AND FAMILY
ISSUES

INDIVIDUAL

CONFLICT RESOLUTION

SUPPORT GROUPS

SELF-ESTEEM

ISOLATION

ADDICTION PREVENTION

SUICIDE PREVENTION



We incorporate spirituality, accompaniment and our extensive experience in the areas of social work to help people find additional support services and resources in their community.

Our role as consultants is to be an instrument under the guidance of The Holy Spirit to help people identify those thorns that cause them conflict and to focus on practical actions that will help them feel relevant, loved and accepted by God, themselves and the important people in their lives.